

C's 2005 Santa Barbara Junior Lifeguards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 27 Introductions Safe Water Entries Swimming Evaluation	June 28 Intro to Surf Swimming and Buoys	June 29 Uniforms Distributed Intro to Paddleboards	June 30 Training Day	July 1 Picture Day Picture Orders Due
July 4 Observed Holiday No Junior Lifeguards	July 5 Long Swim and Short Run	July 6 Boat Trip # 1 Long Run and Short Swim	July 7 Boat Trip # 2 Time Trials	July 8 Inter-Squad Competition
July 11 Evaluation # 1 Training for Competitions	July 12 Butterfly Biathlon	July 13 Boat Trip # 3 Time Trials	July 14 Relay Practice	July 15 Carpinteria Competition 9am – 2 pm (Flyer will come home)
July 18 Responding to Emergencies	July 19 A & C Bonding Day	July 20 Movie Night at Bath House	July 21 Relay Day	July 22 Regionals (Long Beach) or Leadbetter Day (Flyer will come home)
July 25 Training Day	July 26 Evaluation #2	July 27 Evaluation Review Time Trials	July 28 Fun Training Day	July 29 Fiesta Competition At East Beach 9:00am – 2:00pm
August 1 C's Refugio Surf Day Drivers needed (Flyer will come home)	August 2 Stud Ironman Followed by Kick Back Day	August 3 C's Annual Sandwich Contest	August 4 Training Day	August 5 Ventura Competition 9am – 2:30pm (Flyer will come home)
August 8 Rincon Surf Day Drivers needed (Flyer will come home)	August 9 Pier Run Challenge	August 10 Thank You Day	August 11 Pier Swim Challenge	August 12 Last Day of J.G.'s Banquet tomorrow at Chase Palm Park 2 – 5pm